

## Christmas

Essential Oil Recipe

4 drops Northern Lights Black Spruce

2 drops Clove

2 drops Lemon or Orange

Add to 3/4 cup water in diffuser.
Adjust essential oil amounts to suit your personal taste



I only use Young Living Essential Oils
Organic \* Therapeutic Grade \* Seed to seal
for more information visit H2OBungalow.com click
on essential oils

H20Bungalow.com